

Variety Kids Sports Camp 2024 - Itinerary Draft

Friday 20th September

Time	Activity
11:30am - 12:30pm	Camp Registration
12:30pm - 1:00pm	Camp Welcome
1:00pm - 1:30pm	Get ready for swimming
1:30pm - 3:00pm	Sport Session (Swimming)
3:00pm - 4:00pm	Water Fight and activities
4:30pm - 5:15pm	Free time/get ready for dinner
5:15pm - 6:15pm	Team bonding games
6:15pm - 7:30pm	Dinner
7:30pm - 8:30pm	Social Activity

Saturday 21st September

Time	Activity
7:00am - 8:00am	Breakfast
8:00am - 9:00am	Make way to indoor sports centre
9:00am - 10:00am	Sport Session (Body Smart)
10:30am - 12:00pm	Sport Session (Wheelchair basketball)
12:00pm - 1:00pm	Lunch - Runaway Bay Lions Club
1:00pm - 2:30pm	Sport Session (Tennis)
2:30pm - 4:00pm	Sport Session (Bocce)
4:00pm - 5:00pm	Sport Session (Dance)
5:00pm - 6:00pm	Transfer back to venue/free time
6:00pm - 7:00pm	Dinner
7:00pm - 8:30pm	Disco Party

Sunday 22nd September

Time	Activity
7:00am - 8:00am	Breakfast
8:30am - 10:00am	Sport Session (Race Running/Handcycles)
10:00am - 11:30am	Sport Session (Obstacle Course/Athletics)
12:00pm - 1:00pm	Lunch
1:00pm - 2:00pm	Brass Award Race
2:00pm - 3:00pm	Presentations and Camp Close